





Good Food Club Events for April 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3 Good Food Box Order deadline 11am	4 GFC Office Closed	5
6	7	8 Chair Yoga & Meditation Class 11:00-12:00pm ONLINE ZOOM EVENT	9 Spring Market & Good Food Box Pickup 3:00-6:00pm 185 Young St	10 GFC Healthy Seniors & Friends Group Meeting 11:00-12:30pm ONLINE ZOOM EVENT	11 GFC Office Closed	12
13	14	15 Wellness Workshop: Using Games as a form of Exercise with Kayla 2:30-3:30pm 185 Young St, Gym	16	17 Good Food Box Order deadline 11am	18 Good Friday GFC Office Closed	19
20 	21 Easter Monday GFC Office Closed	22 Chair Yoga & Meditation Class 11:00-12:00pm ONLINE ZOOM EVENT Earth Day 	23 Good Food Box Pickup 3:00-5:30pm 185 Young St	24	25 Fitness Class: Back to Balance NOON-12:30pm ONLINE ZOOM EVENT	26
27	28 GFC Office Closed for field trip prep	29 SPECIAL FIELD TRIP: Narcisse Snake Dens 9:30-3:30pm MUST REGISTER	30		Upcoming Markets: Wed, May 7/25 Wed, May 21/25	Save the Date: Spring Cleanup: Sat, May 10/25