










# Good Food Club Events for August 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> GFC Office Closed	<b>2</b>
<b>3</b>	<b>4</b> <b>Terry Fox Day</b> Office Closed	<b>5</b>	<b>6</b>  185 Young St Field 3-6pm <b>Workshop at the Market:</b> Growing Edible Plants in Pots 4:00-5:30pm	<b>7</b> <b>West Broadway Tree Walk</b> 6:30-7:30pm Meet in BNC Field (185 Young St)	<b>8</b> GFC Office Closed	<b>9</b>
<b>10</b>	<b>11</b>	<b>12</b> <b>Chair Yoga &amp; Meditation Class</b> 11:00am-12:00pm ONLINE ZOOM EVENT	<b>13</b>  185 Young St Field 3-6pm <b>Workshop at the Market:</b> Accessible Gardening Practices 4:00-5:30pm	<b>14</b>	<b>15</b> GFC Office Closed	<b>16</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>  185 Young St Field 3-6pm <b>Workshop at the Market:</b> Planting for Pollinators 4:00-5:00pm 	<b>21</b> <b>West Broadway Garden Tour</b> 5:00pm – meet at WBCO office for 4:45pm (748 Broadway)	<b>22</b> <b>Fitness Class: Back to Balance</b> NOON-12:30pm ONLINE ZOOM EVENT	<b>23</b>
<b>24</b>	<b>25</b>	<b>26</b> <b>Chair Yoga &amp; Meditation Class</b> 11:00am-12:00pm ONLINE ZOOM EVENT	<b>27</b>  185 Young St Field 3-6pm <b>Workshop at the Market:</b> Fermented Veggies with Kailey 4:00-5:00pm	<b>28</b>	<b>29</b>  GFC Office Closed	<b>30</b>
<b>31</b>						

For more info visit: <https://westbroadway.mb.ca/programs/good-food-club> call: (204) 774-7201 ext 6  
 Facebook: <https://www.facebook.com/goodfoodclubwpg/> email: [goodfoodclub@westbroadway.mb.ca](mailto:goodfoodclub@westbroadway.mb.ca)