



Good Food Club Events for December 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT	4 Holiday Market & Good Food Box Pick up 185 Young St 3:00-5:30pm PURCHASE YOUR FEAST TICKETS	5 DEADLINE TO PURCHASE HOLIDAY FEAST TICKETS	6 Good Food Box Cooking Class 11:00am-12:30pm ONLINE ZOOM EVENT	7
8	9 GFC Office Closed for Feast Prep	10 Wellness Workshop: Fraud & Scam Prevention 1:00-2:00pm ONLINE ZOOM EVENT	11 GFC Office Closed for Feast Prep	12 GFC Holiday Feast 5:00pm - 7:00pm 185 Young St ADVANCE TICKETS ONLY Good Food Box Order deadline 11am	13 Fitness Class: Back to Balance 11:45am-12:15pm ONLINE ZOOM EVENT NOTE TIME CHANGE	14
15	16	17 Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT	18 Good Food Box Pickup 185 Young St 3:00-5:30pm	19 GFC Healthy Seniors & Friends Group Meeting 11:00-12:30pm ONLINE ZOOM EVENT	20 GFC Office Closed	21
22	23 GFC Office Closed	24 GFC Office Closed	25 GFC Office Closed 	26  GFC Office Closed	27 GFC Office Closed	28
29	30 GFC Office Closed	31 Happy New Year! GFC Office Closed				

For more info visit: <https://westbroadway.mb.ca/programs/good-food-club> call: (204) 774-7201 ext 6
 Facebook: <https://www.facebook.com/goodfoodclubwpg/> email: goodfoodclub@westbroadway.mb.ca