








Good Food Club Events for February 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Chair Yoga & Meditation Class 11:00-12:00pm ONLINE ZOOM EVENT	3 Valentine's Day Registration Deadline -NOON	4 Good Food Box Order deadline 11am	5 GFC Office Closed	6 
Snoball 2021: A Build Your Own Adventure Winter Celebration Feb 1-6th						
7	8 Bead Along with Me 1:00-2:00pm ONLINE ZOOM EVENT	9 GFC Healthy Seniors & Friends Group Meeting 1:30-3:00pm ONLINE ZOOM EVENT	10 Good Food Box & Valentine's Day Kit Pick up 222 Furby St, Furby Entrance 2:00-4:30pm	11 GFC Winter Wellness Workshop Series : Attitude for Gratitude 11:00am-12:00pm ONLINE ZOOM EVENT	12 Fit Friday: Strength Training Class 11:00-11:30pm	13
14	15 Louis Riel Day Office Closed	16 Chair Yoga & Meditation Class 11:00-12:00pm ONLINE ZOOM EVENT Social Distancing Club 1:30-3:00pm ONLINE ZOOM EVENT	17 GFC Winter Wellness Workshop Series: Valentine's Day Self Care Event Various times (see poster) ONLINE ZOOM EVENT 	18 Good Food Box Order deadline 11am	19 GFC Office Closed	20
21	22 Tales in Winter: The Old Woman in the Bush 11:00-12:00 ONLINE ZOOM EVENT	23	24 Good Food Box Pick up 222 Furby St, Furby Entrance 2:00-4:30pm	25 GFC Winter Wellness Workshop Series : Talent Night 6:00-8:00pm ONLINE ZOOM EVENT	26 GFC Office Closed	27
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For more info visit: <http://www.westbroadway.mb.ca/good-food-club> call: (204) 774-7201 ext 6
 Facebook: <https://www.facebook.com/goodfoodclubwpg/> email: goodfoodclub@westbroadway.mb.ca