



Good Food Club Events for January 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Happy New Year! GFC Office Closed	2 GFC Office Closed	3 GFC Office Closed	4
5	6	7	8 Good Food Box Pickup 3:00-5:30pm 185 Young St	9 Registration deadline for Birthday Party	10 Good Food Box Cooking Class 11:00am-12:30pm ONLINE ZOOM EVENT GFC Office Closed	11
12	13	14 Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT Wellness Workshop: Bladder Health 1:00-2:00pm ONLINE ZOOM EVENT	15	16 Birthday Party for Everyone 1:00-2:30pm 185 Young St MUST REGISTER Good Food Box Order deadline 11am	17 GFC Office Closed	18
19	20	21 GFC Healthy Seniors & Friends Group Meeting 11:00-12:30pm ONLINE ZOOM EVENT	22 Good Food Box Pickup 185 Young St 3:00-5:30pm	23	24 Fitness Class: Back to Balance 11:45am-12:15pm ONLINE ZOOM EVENT GFC Office Closed	25
26	27	28 Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT	29 LITE Pickup 3:00-5:30pm 185 Young St	30 Good Food Box Order deadline 11am	31	SAVE THE DATE: Snoball Winter Carnival is scheduled for Sat, Feb 1/25!

For more info visit: <https://westbroadway.mb.ca/programs/good-food-club> call: (204) 774-7201 ext 6
 Facebook: <https://www.facebook.com/goodfoodclubwpg/> email: goodfoodclub@westbroadway.mb.ca