



# Good Food Club Events for July 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1 Canada Day</b>  Office Closed	<b>2</b> GFC Office Closed	<b>3</b>
<b>4</b>	<b>5</b>	<b>6</b> <b>GFC Garden Party: DIY Garden Workshop</b> <b>1:30-3:00pm</b> ONLINE ZOOM EVENT	<b>7</b>  185 YoungSt Rink <b>2-4pm</b> <b>Order Deadline for July 14</b>	<b>8</b> <b>GFC Healthy Seniors &amp; Friends Group Meeting</b> <b>1:30-3:00pm</b> ONLINE ZOOM EVENT	<b>9</b> GFC Office Closed	<b>10</b>
<b>11</b>	<b>12</b>	<b>13</b> <b>Chair Yoga &amp; Meditation Class</b> <b>11:00am-12:00pm</b> ONLINE ZOOM EVENT	<b>14</b>  185 YoungSt Rink <b>2-4pm</b> <b>Order Deadline for July 21</b>	<b>15</b>	<b>16</b> <b>Fit Friday: Strength Training Class</b> 11:00-11:30pm ONLINE ZOOM EVENT	<b>17</b>
<b>18</b>	<b>19</b>	<b>20</b> <b>GFC Garden Party: Check in with your Garden</b> <b>11:00am-12:00pm</b> ONLINE ZOOM EVENT	<b>21</b>  185 YoungSt Rink <b>2-4pm</b> <b>Order Deadline for July 28</b>	<b>22</b>	<b>23</b> GFC Office Closed	<b>24</b>
<b>25</b>	<b>26</b>	<b>27</b> <b>Chair Yoga &amp; Meditation Class</b> <b>11:00am-12:00pm</b> ONLINE ZOOM EVENT	<b>28</b>  185 YoungSt Rink <b>2-4pm</b> <b>Order Deadline for Aug 4</b>	<b>29</b>	<b>30</b>	<b>31</b>

For more info visit: <http://www.westbroadway.mb.ca/good-food-club> call: (204) 774-7201 ext 6  
 Facebook: <https://www.facebook.com/goodfoodclubwpg/> email: [goodfoodclub@westbroadway.mb.ca](mailto:goodfoodclub@westbroadway.mb.ca)