












Good Food Club Events for July 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1  GFC Office Closed	2  185 Young St Field 3-6pm	3	4 GFC Office Closed	5
6	7	8 Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT	9  185 Young St Field 3-6pm With Special Guest: Winnipeg Transit Info Booth	10	11 GFC Office Closed	12
13	14	15	16 Family Day @  185 Young St Field 3-6pm	17	18 Fitness Class: Back to Balance NOON-12:30am ONLINE ZOOM EVENT GFC Office Closed	19
20	21	22 Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT	23 Celebrate MB Farmers' Market Week @  185 Young St Field 3-6pm 	24	25 SPECIAL FIELD TRIP: Winnipeg Beach Trip #1 9:30-3:30pm MUST REGISTER	26
27	28	29 SPECIAL FIELD TRIP: Winnipeg Beach Trip #2 9:30-3:30pm MUST REGISTER	30  185 Young St Field 3-6pm	31		

For more info visit: <https://westbroadway.mb.ca/programs/good-food-club> call: (204) 774-7201 ext 6
 Facebook: <https://www.facebook.com/goodfoodclubwpg/> email: goodfoodclub@westbroadway.mb.ca