














# Good Food Club Events for July 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b>   185 Young St Field <b>3-6pm</b> 	<b>2</b> GFC Office Closed	<b>3</b> GFC Office Closed	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>  185 Young St Field <b>3-6pm</b>	<b>9</b>	<b>10</b> GFC Office Closed	<b>11</b>
<b>12</b>	<b>13</b> <b>Computer Basics Workshop</b> <b>1:00-2:30pm</b> 185 Young St GFC Office Closed	<b>14</b>	<b>15 Family Day @</b>  185 Young St Field <b>3-6pm</b> 	<b>16</b>	<b>17</b> <b>Fitness Class: Back to Balance</b> <b>NOON-12:30pm</b> ONLINE ZOOM EVENT GFC Office Closed	<b>18</b>
<b>19</b>	<b>20</b> GFC Office Closed	<b>21</b> <b>SPECIAL FIELD TRIP: Winnipeg Beach</b> <b>9:00-3:30pm</b> <b>MUST REGISTER</b>	<b>22 Celebrate MB Farmers' Market Week @</b>  185 Young St Field <b>3-6pm</b> <b>Yoga &amp; Meditation</b> 3:30-4:30pm	<b>23</b> GFC Office Closed	<b>24</b> GFC Office Closed	<b>25</b>
<b>26</b>	<b>27</b> <b>Computer Basics Workshop</b> <b>1:00-2:30pm</b> 185 Young St	<b>28</b> <b>Chair Yoga &amp; Meditation Class</b> <b>11:00am-12:00pm</b> ONLINE ZOOM EVENT	<b>29</b>  185 Young St Field <b>3-6pm</b> 	<b>30</b>	<b>31</b> GFC Office Closed	

For more info visit: <https://westbroadway.mb.ca/programs/good-food-club> call: (204) 774-7201 ext 6  
 Facebook: <https://www.facebook.com/goodfoodclubwpg/> email: [goodfoodclub@westbroadway.mb.ca](mailto:goodfoodclub@westbroadway.mb.ca)