







# Good Food Club Events for June 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> Good Food Box & Garden Party Kit Pick up 222 Furby St, Furby Entrance 3:00-5:00pm	<b>2</b> Good Food Box Cooking Class 3:30-5:00pm ONLINE ZOOM EVENT	<b>3</b> GFC Garden Party: Planning and Planting your Garden Workshop 1:00-3:00pm ONLINE ZOOM EVENT	<b>4</b>
<b>5</b>	<b>6</b> Fraud and Scam Awareness Workshop 1:30-3:00pm ONLINE ZOOM EVENT	<b>7</b> Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT	<b>8</b> Heart Healthy Nutrition Workshop Series: Fat 2:30-4:00pm ONLINE ZOOM EVENT	<b>9</b> Sharing Group 11:00am-12:00pm ONLINE ZOOM EVENT  Good Food Box Order deadline	<b>10</b> GFC Office Closed	<b>11</b>
<b>12</b>	<b>13</b>	<b>14</b> GFC Healthy Seniors & Friends Group Meeting 1:30-3:00pm ONLINE ZOOM EVENT	<b>15</b> Good Food Box & Heart Health Kit Pick up 222 Furby St, Furby Entrance 3:00-5:00pm	<b>16</b> Good Food Box Cooking Class -Heart Health Edition! 1:00-2:30pm ONLINE ZOOM EVENT  <b>WBCO AGM</b> 6pm ONLINE EVENT 	<b>17</b> Fit Friday: Strength Training Class 11:00-11:30am ONLINE ZOOM EVENT	<b>18</b>
<b>19</b> Father's Day	<b>20</b> GFC Garden Party: Pest Control & Garden Check in 1:00pm-2:00pm ONLINE ZOOM EVENT	<b>21</b> GFC Office closed to celebrate  National Indigenous Peoples Day	<b>22</b>	<b>23</b> Social Distancing Club: Meet the WBCO Gardens Team 11:00am-12:00pm ONLINE ZOOM EVENT	<b>24</b> GFC Office Closed	<b>25</b>
<b>26</b>	<b>27</b>	<b>28</b> Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT	<b>29</b> Farmers' Market Volunteer Training 2:00-3:00pm ONLINE ZOOM EVENT  Farm Box Order Deadline for July 6 <sup>th</sup> Market	<b>30</b>		

For more info visit: <https://westbroadway.mb.ca/programs/good-food-club> call: (204) 774-7201 ext 6  
 Facebook: <https://www.facebook.com/goodfoodclubwpg/> email: [goodfoodclub@westbroadway.mb.ca](mailto:goodfoodclub@westbroadway.mb.ca)