







# Good Food Club Events for June 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 <b>Chair Yoga &amp; Meditation Class</b> 11:00-12:00pm ONLINE ZOOM EVENT	4 <b>Last Good Food Box Pick up until October</b> 3:00-5:30pm 185 Young St	5	6 <b>Walking Club: Forest Bathing in the City with Kayla</b> 12:30-1:30pm Meet at GFC Office (748 Broadway)	7
8	9	10 <b>IN PERSON Chair Yoga &amp; Energy Work</b> 2:00-3:00pm BNC Gym (185 Young St)	11	12 <b>WBCO AGM</b> 6pm 222 Furby St Mini Gym 	13 <b>Walking Club: Forest Bathing in the City with Kayla</b> 12:30-1:30pm Meet at GFC Office (748 Broadway)	14
15  Father's Day	16	17 <b>IN PERSON Chair Yoga &amp; Energy Work</b> 2:00-3:00pm BNC Gym (185 Young St)	18	19 <b>SPECIAL FIELD TRIP: Oak Hammock Marsh</b> 9:30-3:30pm <b>MUST REGISTER</b>	20 <b>Fitness Class: Back to Balance</b> NOON-12:30pm ONLINE ZOOM EVENT	21  National Indigenous Peoples Day
22	23	24 <b>Chair Yoga &amp; Meditation Class</b> 11:00-12:00pm ONLINE ZOOM EVENT	25	26 <b>GFC Healthy Seniors &amp; Friends Group Meeting</b> 11:00-12:00pm ONLINE ZOOM EVENT	27 <b>Walking Club: Forest Bathing in the City with Kayla</b> 12:30-1:30pm Meet at GFC Office (748 Broadway)	28
29	30 GFC Office Closed	Note: GFC Office Closed for Canada Day	<b>Save the Date:</b> <b>West Broadway Farmers' Market starts July 2<sup>nd</sup>!</b> 3-6pm in BNC Field			

For more info visit: <https://westbroadway.mb.ca/programs/good-food-club> call: (204) 774-7201 ext 6  
 Facebook: <https://www.facebook.com/goodfoodclubwpg/> email: [goodfoodclub@westbroadway.mb.ca](mailto:goodfoodclub@westbroadway.mb.ca)