






# Good Food Club Events for May 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	<b>4 Chair Yoga &amp; Meditation Class</b> 11:00am-12:00pm ONLINE ZOOM EVENT  <b>Garden Party</b> Registration DEADLINE at NOON	<b>5 Good Food Box &amp; Spring Tea Kit</b> Pick up 222 Furby St, Furby Entrance 2:00-4:30pm	<b>6 Virtual Spring Tea</b> 11:00am-1:00pm ONLINE ZOOM EVENT	<b>7 West Broadway Spring Clean-up: Physical Distanced Edition.</b> -Pick up supplies outside BNC(185 Young) <b>Friday - 12-6pm OR Sat 10am-4pm</b> -Clean the neighbourhood on your own time! -Return garbage to dumpster at BNC by Sunday evening	
<b>9 Mother's Day</b> 	10	<b>11 GFC Healthy Seniors &amp; Friends Group Meeting</b> 1:30-3:00pm ONLINE ZOOM EVENT	12	13  <b>Good Food Box Order deadline</b>	<b>14 Fit Friday: Strength Training Class</b> 11:00-11:30pm ONLINE ZOOM EVENT	15
16	17	<b>18 Chair Yoga &amp; Meditation Class</b> 11:00am-12:00pm ONLINE ZOOM EVENT	<b>19 Good Food Box Pick up</b> 222 Furby St, Furby Entrance 2:00-4:30pm	<b>20 Good Food Box Cooking Class</b> 1:00-2:30pm ONLINE ZOOM EVENT	21  GFC Office Closed	22
23	<b>24 Victoria Day</b> Office Closed	<b>25 Social Distancing Club</b> 1:30-3:00pm ONLINE ZOOM EVENT	<b>26 GFC Garden Party: Planning your Garden Workshop</b> 12:00-2:00pm ONLINE ZOOM EVENT	27  <b>Good Food Box Order deadline</b>	<b>28 GFC Office Closed</b>  	<b>29</b>  
30	31					