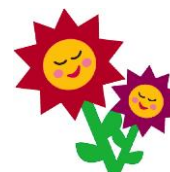




Good Food Club Events for May 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Good Food Box Order deadline	1 GFC Office Closed	2
3	4	5 Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT	6 Good Food Box Pickup 3:00-5:30pm 185 Young St	7	8 GFC Office Closed	9 West Broadway Spring Clean-up See Event Poster for Details
10 Mother's Day 	11	12	13 Spring Tea 11:30am-2:00pm BNC GYM, 185 Young St	14 Good Food Box Order deadline	15 Fitness Class: Back to Balance NOON-12:30pm ONLINE ZOOM EVENT	16
17	18 Victoria Day Office Closed	19 Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT	20 Good Food Box Pickup 3:00-5:30pm 185 Young St	21	22	23
24	25	26 GFC Healthy Seniors & Friends Group Meeting 11:00-12:00pm ONLINE ZOOM EVENT	27	28	29	30
31				Good Food Box Order deadline		