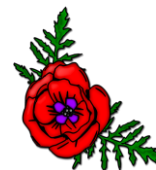









# Good Food Club Events for November 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 <b>Chair Yoga &amp; Meditation Class</b> 11:00am-12:00pm ONLINE ZOOM EVENT	3	4 <b>Good Food Box Order deadline</b> 11am	5 GFC Office Closed	6
7 Daylight Savings Time Ends  Turn Your clocks back	8	9 <b>GFC Healthy Seniors &amp; Friends Group Meeting</b> 1:30-3:00pm ONLINE ZOOM EVENT	10 <b>Good Food Box Pick up</b> 222 Furby St, Furby Entrance 3:00-5:00pm	11 <b>Remembrance Day</b>  GFC Office Closed	12 GFC Office Closed	13
14	15	16 <b>Social Distancing Club</b> 1:30-3:00pm ONLINE ZOOM EVENT	17	18 <b>Good Food Box Order deadline</b> 11am <b>Holiday Community Dinner registration deadline</b> 11am	19 <b>Fit Friday: Strength Training Class</b> 11:00-11:30pm ONLINE ZOOM EVENT	20
21	22	23 <b>Chair Yoga &amp; Meditation Class</b> 11:00am-12:00pm ONLINE ZOOM EVENT	24 <b>Good Food Box Pick up</b> 222 Furby St, Furby Entrance 3:00-5:00pm	25 <b>Good Food Box Cooking Class</b> 1:00-2:30pm ONLINE ZOOM EVENT	26 GFC Office Closed	27
28 	29 <b>Social Craft Circle</b> 1:00-2:00pm ONLINE ZOOM EVENT	30		<b>Save the Date:</b> <b>Holiday Virtual Community Dinner</b> Dec 7- Cooking class Dec 8- Kit pick up Dec 9 – Dinner event		

For more info visit: <http://www.westbroadway.mb.ca/good-food-club> call: (204) 774-7201 ext 6  
 Facebook: <https://www.facebook.com/goodfoodclubwpg/> email: [goodfoodclub@westbroadway.mb.ca](mailto:goodfoodclub@westbroadway.mb.ca)