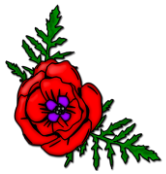
Good Food Club Events for November 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 **Chair Yoga & Meditation Class** 11:00am-12:00pm ONLINE ZOOM EVENT	4 **Good Food Box Pick up** **185 Young St** 3:00-5:30pm	5 **Yoga with Abeth (in-person)** 12:00-1:30pm BNC Gym – 185 Young St	6 **Social Club** 10:00am-12:00pm GFC Office - 748 Broadway	7
8	9	10 **GFC Steering Committee Meeting** 11:00am-12:00pm ONLINE ZOOM EVENT	11 **Remembrance Day** GFC Office Closed	12 GFC Office Closed	13 GFC Office Closed	14
15	16	17 **Chair Yoga & Meditation Class** 11:00am-12:00pm ONLINE ZOOM EVENT	18	19 **Yoga with Abeth (in-person)** 12:00-1:30pm BNC Gym – 185 Young St **Good Food Box Order deadline 11am**	20 **Social Club** 10:00am-12:00pm GFC Office - 748 Broadway	21
22	23	24 **Chair Yoga & Meditation Class** 11:00am-12:00pm ONLINE ZOOM EVENT	25 **Good Food Box Pick up** **185 Young St** 3:00-5:30pm	26	27 **Fitness Class: Back to Balance** NOON-12:45pm ONLINE ZOOM EVENT	28
29	30					

For more info visit: https://westbroadway.mb.ca/programs/good-food-club call:(204) 774-7201 ext 6
Facebook:https://www.facebook.com/goodfoodclubwpg/ email: goodfoodclub@westbroadway.mb.ca