



Good Food Club Events for November 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT	4 Good Food Box Pick up 185 Young St 3:00-5:30pm	5 Yoga with Abeth (in-person) 12:00-1:30pm BNC Gym – 185 Young St	6 Social Club 10:00am-12:00pm GFC Office - 748 Broadway	7
8	9	10 GFC Steering Committee Meeting 11:00am-12:00pm ONLINE ZOOM EVENT	11  Remembrance Day GFC Office Closed	12 GFC Office Closed	13 GFC Office Closed	14
15	16	17 Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT	18	19 Yoga with Abeth (in-person) 12:00-1:30pm BNC Gym – 185 Young St Good Food Box Order deadline 11am	20 Social Club 10:00am-12:00pm GFC Office - 748 Broadway	21
22	23	24	25 Good Food Box Pick up 185 Young St 3:00-5:30pm	26	27 Fitness Class: Back to Balance NOON-12:45pm ONLINE ZOOM EVENT	28
29	30					

For more info visit: <https://westbroadway.mb.ca/programs/good-food-club> call:(204) 774-7201 ext 6
 Facebook: <https://www.facebook.com/goodfoodclubwpg/> email: goodfoodclub@westbroadway.mb.ca