








Good Food Club Events for October 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Community Dinner registration deadline at NOON	2
3	4	5 Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT GFC Healthy Seniors & Friends Group Meeting 1:30-3:00pm ONLINE ZOOM EVENT	6	7 Good Food Box Order deadline 11am	8 GFC Office Closed	9
10	11 Thanksgiving Office closed 	12 Cooking Class: Prep for Fall Dinner 1:30 – 3pm ONLINE ZOOM EVENT	13 Good Food Box & Dinner Kit Pick up 222 Furby St, Furby Entrance 3:00-5:00pm	14 Virtual Fall Harvest Community Dinner 4:00-6:00pm	15 Fit Friday: Strength Training Class 11:00-11:30pm ONLINE ZOOM EVENT	16
17	18	19 Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT	20	21 Good Food Box Order deadline 11am	22 GFC Office Closed	23
24	25	26 Social Distancing Club: Halloween Party! 1:30-3:00pm ONLINE ZOOM EVENT* 	27 Good Food Box Pick up 222 Furby St, Furby Entrance 3:00-5:00pm	28 Good Food Box Cooking Class 1:00-2:30pm ONLINE ZOOM EVENT	29 GFC Office Closed	30
31 HALLOWEEN 						

For more info visit: <http://www.westbroadway.mb.ca/good-food-club> call: (204) 774-7201 ext 6
 Facebook: <https://www.facebook.com/goodfoodclubwpg/> email: goodfoodclub@westbroadway.mb.ca