



Good Food Club Events for October 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1  185 Young St Field 3-6pm	2	3 GFC Office Closed	4
5	6	7 Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT	8  185 Young St Field 3-6pm	9 Fall Feast ticket deadline	10 GFC Office Closed	11
12	13 Thanksgiving Office closed 	14 GFC Office Closed for dinner prep	5 GFC Office Closed for dinner prep	16 Fall Feast 1:00-3:00pm 185 Young St MUST PURCHASE TICKET IN ADVANCE Good Food Box Order deadline 11am	17 Fitness Class: Back to Balance NOON-12:30pm ONLINE ZOOM EVENT	18
19	20	21 Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT	22 Good Food Box Pick up 185 Young St 3:00-5:30pm	23	24 GFC Office Closed	25
26	27	28 GFC Healthy Seniors & Friends Group Meeting 11:00am-12:00pm ONLINE ZOOM EVENT	29	30 Good Food Box Order deadline 11am	31 GFC Office Closed 	

For more info visit: westbroadway.mb.ca/programs/good-food-club call: (204) 774-7201 ext 6
Facebook: <https://www.facebook.com/goodfoodclubwpg/> email: goodfoodclub@westbroadway.mb.ca