








# Good Food Club Events for September 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 GFC Office Closed	3
4	5 <b>Labour Day</b> Office closed	6 <b>Chair Yoga &amp; Meditation Class</b> 11:00am-12:00pm ONLINE ZOOM EVENT	7  185 YoungSt Rink 2-4pm Order Deadline for Sept 14	8	9 GFC Office Closed	10
11	12 WBCO & GFC Office Closed	13 <b>GFC Healthy Seniors &amp; Friends Group Meeting</b> 1:30-3:00pm ONLINE ZOOM EVENT	14  185 YoungSt Rink 2-4pm Order Deadline for Sept 21	15 <b>GFC Garden Party: Harvest Cooking Class</b> 2:00pm-3:30pm ONLINE ZOOM EVENT	16 GFC Office Closed	17
18	19	20 <b>GFC Garden Party: Putting Your Garden to Bed Workshop</b> 11:00am-12:00pm ONLINE ZOOM EVENT	21  185 YoungSt Rink 2-4pm Last outdoor market of the season	22 GFC Office Closed	23 <b>Fit Friday: Strength Training Class</b> 11:00-11:30am ONLINE ZOOM EVENT	24
25	26 GFC Office Closed	27 <b>Chair Yoga &amp; Meditation Class</b> 11:00am-12:00pm ONLINE ZOOM EVENT GFC Office Closed	28 GFC Office Closed	29 GFC Office Closed	30 <b>National Day for Truth and Reconciliation</b> GFC Office Closed	

For more info visit: <https://westbroadway.mb.ca/programs/good-food-club> call: (204) 774-7201 ext 6  
 Facebook: <https://www.facebook.com/goodfoodclubwpg/> email: [goodfoodclub@westbroadway.mb.ca](mailto:goodfoodclub@westbroadway.mb.ca)