

Good Food Club Events for September 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Labour Day Office Closed	3 Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT	4 WEST BROADWAY FARMERS MARKET ▼ 185 Young St Field 3-6pm	5	6 GFC Office Closed	7 Garden Hangout with Audrey @ Spirit Park 10:30am-Noon
8	9	10 GFC Healthy Seniors & Friends Group Meeting 11:00-12:30pm GFC Office – 748 Broadway	11 185 Young St Field FARMERS MARKET V	12	13 Fitness Class: Back to Balance 11:45am-12:15pm ONLINE ZOOM EVENT NOTE TIME CHANGE	14 Garden Hangout with Audrey @ Spirit Park 10:30am-Noon
15	16	17	18 Seniors Day WEST BROADWAY WEST BROADWAY WEST BROADWAY WEST BROADWAY 185 Young St FARMERS Field ARKET 3-6pm	19	20 GFC Office Closed	21 Garden Hangout with Audrey @ Spirit Park 10:30am-Noon
22	23	24 Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT	25 WEST BROADWAY FARMERS MARKET 3-6pm	26	27 GFC Office Closed	28 Garden Hangout with Audrey @ Spirit Park 10:30am-Noon
29	30 National Day for Truth and Reconciliation Office Closed					West Broadway COMMUNITY ORGANIZATION

For more info visit: <u>https://westbroadway.mb.ca/programs/good-food-club</u> call: (204) 774-7201 ext 6 Facebook: https://www.facebook.com/goodfoodclubwpg/ email: goodfoodclub@westbroadway.mb.ca