



Good Food Club Events for September 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Yoga in the Park 11:00am-12:00pm Vimy Ridge Park 	2  185 Young St Field 3-6pm	3 SPECIAL FIELD TRIP: The Leaf MUST REGISTER	4 GFC Office Closed	5
6	7 Labour Day Office Closed	8	9  185 Young St Field 3-6pm Workshop at the market: Composting in the Community 4:00-5:00pm	10	11 GFC Office Closed	12
13	14 GFC Office Closed for staff meeting	15 GFC Steering Committee Meeting 11:00am-12:00pm ONLINE ZOOM EVENT 	16 Lisa Naylor Community BBQ @  185 Young St Field 3-6pm	17	18 GFC Office Closed	19
20	21 	22 Chair Yoga & Meditation Class 11:00am-12:00pm ONLINE ZOOM EVENT CANCELLED	23  185 Young St Field 3-6pm Workshop at the market: Fall Gardening Fundamentals 4:30-5:30pm	24 WBCO AGM Crossways in Common Mini Gym, 222 Furby St 6pm 	25 Fitness Class: Back to Balance NOON-12:30pm ONLINE ZOOM EVENT	26
27	28	29	30 National Day for Truth and Reconciliation  185 Young St Field 3-6pm	West Broadway Farmers' Markets in October: Wed, Oct 7 Wed, Oct 14 (last one)		