

# West Broadway Resource Guide

A guide for resources in or near West Broadway



ninecircles  
COMMUNITY HEALTH CENTRE

\*List current as of April 2024

## Indoor Meals

**1JustCity Oak Table** - 107 Pulford St  
M-Th: 12p-2p | F: 10a-11a

**1JustCity West Broadway** - 222 Furby St  
M-Th: 4p-5:30p

**Agape Table** - 364 Furby St  
M-F: 7a-11a

**RaY** - 125 Sherbrook St | For youth (under 29)  
M-F: 1p-4p

**West Central Women's Resource Centre**  
640 Ellice Ave | All genders welcome for meals  
M, W, F: 12p-2p | Tu, Th: 5p-7p | Sa: 10a-12p

## Indoor Washrooms

**1JustCity Oak Table** - 107 Pulford St  
M-Th: 12p-2p | F: 10a-11a

**1JustCity West Broadway** - 222 Furby St  
M-Th: 4p-5:30p

**Cornish Library** - 20 West Gate  
M, Tu, Th: 1p-8p | F, Sa: 10a-5p

**Huddle Broadway** - 533 Broadway | Ages 12-29  
M-F: 12p-4p

**Klinic** - 167 Sherbrook St  
M-Th: 9a-8p | F: 9a-5p | Sa: 10a-3:30p

**Nine Circles** - 705 Broadway  
M-F: 9a-5p

**RaY** - 125 Sherbrook St | For youth (under 29)  
M-F: 1p-4p

**West Central Women's Resource Centre**  
640 Ellice Ave | For women  
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

## Emergency Food Packages

**Acorn Family Place** - 222 Furby St  
Emerg. food 1x/month for families with children 0-6  
M, Tu, Th, F: 9a-4p | W: 1p-4p

## Family Supplies

**Acorn Family Place** - 222 Furby St  
For families with children 0-6  
*Can provide: clothing, diapers, formula, drop-in childcare*  
M, Tu, Th, F: 9a-4p | W: 1p-4p

## Overnight Shelters

**1JustCity Just a Warm Sleep** - 107 Pulford St  
*closed for the summer*

**WE24/SNA-MERC** - 430 Langside St | For youth (13-26)  
Every night: 11p-7a

## Hygiene and Harm Reduction Supplies

**1JustCity Oak Table** - 107 Pulford St  
M-Th: 12p-2p | F: 10a-11a (*hygiene only*)

**1JustCity West Broadway** - 222 Furby St  
M-Th: 4p-5:30p (*hygiene only*)

**Huddle Broadway** - 533 Broadway | Ages 12-29  
M-F: 12p-4p (*hygiene and harm reduction*)

**Klinic** - 167 Sherbrook St  
M-Th: 9a-8p | F: 9a-5p | Sa: 10a-3:30p  
(*hygiene and harm reduction*)

**Nine Circles** - 705 Broadway  
M-F: 9a-5p (*hygiene and harm reduction*)

**Rainbow Resource Centre** - 545 Broadway  
For 2SLGBTQ+ people  
M-Th: 10a-12:30p, 1:30p-5p  
(*hygiene and harm reduction*)

**RaY** - 125 Sherbrook St | For youth (under 29)  
M-F: 1p-4p (*hygiene and harm reduction*)

**West Central Women's Resource Centre**  
640 Ellice Ave  
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p  
(*hygiene and harm reduction*)

## Clothing

**Acorn Family Place** - 222 Furby St  
For families with children 0-6  
M, Tu, Th, F: 9a-4p | W: 1p-4p

**Agape Table** - 364 Furby St  
M-F: 7a-11a

**RaY** - 125 Sherbrook St | For youth (under 29)  
M-F: 1p-4p

**West Central Women's Resource Centre**  
640 Ellice Ave | For women  
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

## Indoor Drop-Ins

**1JustCity Oak Table** - 107 Pulford St  
M-Th: 12p-2p | F: 10a-11a

**1JustCity West Broadway** - 222 Furby St  
M-Th: 4p-5:30p

**Huddle Broadway** - 533 Broadway | Ages 12-29  
M-F: 12p-4p

**RaY** - 125 Sherbrook St | For youth (under 29)  
M-F: 1p-4p

**West Central Women's Resource Centre**  
640 Ellice Ave | For women  
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

## Computer and Internet Access

**1JustCity Oak Table** - 107 Pulford St  
M-Th: 12p-2p | F: 10a-11a

**Cornish Library** - 20 West Gate  
M, Tu, Th: 1p-8p | F, Sa: 10a-5p

**Huddle Broadway** - 533 Broadway | Ages 12-29  
M-F: 12p-4p

**RaY** - 125 Sherbrook St | For youth (under 29)  
M-F: 1p-4p

**West Central Women's Resource Centre**  
640 Ellice Ave | For women  
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

## Phone Access

**1JustCity Oak Table** - 107 Pulford St  
M-Th: 12p-2p | F: 10a-11a

**Huddle Broadway** - 533 Broadway | Ages 12-29  
M-F: 12p-4p

**Klinik** - 167 Sherbrook St  
M-Th: 9a-8p | F: 9a-5p | Sa: 10a-3:30p

**West Central Women's Resource Centre**  
640 Ellice Ave | For women  
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

## Showers and Laundry

**1JustCity West Broadway** - 222 Furby St  
M, Th: 1p-3p (laundry) | Tu, W: 1p-3p (shower)

**RaY** - 125 Sherbrook St | For youth (under 29)  
M-F: 1p-4p

**West Central Women's Resource Centre**  
640 Ellice Ave | For women  
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

## Walk-In Health Services

**Huddle Broadway** - 533 Broadway | Ages 12-29  
M-F: 6p-8p | 204-228-6387

**Memorial Medical Clinic** - 595 Broadway  
M-F: 9a-4p | 204-775-7756

**Healthway Walk-In Clinic** - 865 Portage Ave  
Tu-Th: 9:45a-2:45p | 204-415-6071

**South Sherbrook Health Centre** - 88 Sherbrook St  
M-F: 8a-5p | Sa: 10a-4p | 204-774-7196

**Whitecross Healthcare** - 647 Broadway  
M-Su: 10a-4p | 204-786-8588

## Mobile Outreach

**Downtown Community Safety Partnership**  
24/7 | 204-947-3277

*Can provide: food, water, wellness checks, transportation, first aid*

**Main Street Project** - 24/7 | 204-232-5217

*Can provide: food, water, wellness checks, harm reduction supplies, transportation*

**RaY Street Outreach**

M, Tu, W: 1p-9p | Th, F: 1p-5p | 204-391-2209

*Can provide: food, water, wellness checks, harm reduction supplies, transportation*

**Street Connections** - 204-981-0742

*Can provide: harm reduction supplies, nursing services (on Fri and Sat evening)*

**West Central Women's Resource Centre**

204-396-4260

*Can provide: food, water, harm reduction supls., hygiene kits*

**WE24** - 204-333-9681

*Can provide: transportation*

## Crisis Support Lines

**Adult Mobile Crisis & Mental Health Crisis Response** - 24/7  
204-940-1781

**Klinik Crisis Line** - 24/7  
204-786-8686 or 1-888-322-3019

**Manitoba Province-Wide Domestic Abuse Crisis Line** - 24/7  
Call: 1-877-977-0007  
Text: 204-792-5302 or 204-805-6682

**Manitoba Suicide Prevention & Support Line** - 24/7  
1-877-435-7170

**National Overdose Response Service**  
24/7 remote overdose prevention  
1-888-688-6677

**National Suicide Prevention and Support Line** - 24/7  
Call: 1-833-456-4566 | Text: 45645 (3p-11p)

**Trans Lifeline** - 9a-4a  
All operators are transgender  
1-877-330-6366

**Youth Crisis Line / Mobile Crisis Teams**  
24/7  
For youth under 21 and their families  
204-949-4777 or 1-888-383-2776