

# West Broadway Resource Guide

A guide for resources in or near West Broadway during the COVID-19 pandemic.

\*List current as of July 2022



## Hygiene Supplies

- 1JustCity** - Oak Table  
107 Pulford St  
M-Th: 12:30p-3p
- 1JustCity** - West Broadway Community Services  
222 Furby St  
M-Th: 4:30p-6p
- 1JustCity** - West End  
365 McGee St  
M-Su: 12:30p-3p
- Nine Circles**  
705 Broadway  
M-F: 9a-5p
- RaY** - 125 Sherbrook St  
For youth (under 29)  
M-F: 1p-4p
- West Central Women’s Resource Centre**  
640 Ellice Ave  
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

## Harm Reduction Supplies

- Klinic** - 167 Sherbrook St  
M-Th: 9a-8p | F: 9a-5p | Sa: 10a-3:30p
- Nine Circles** - 705 Broadway  
M-F: 9a-5p
- RaY** - 125 Sherbrook St  
All ages  
M-F: 1p-4p
- West Central Women’s Resource Centre**  
640 Ellice Ave  
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

## Shelters and Safe Spaces

- Velma’s House Safe Space**  
154 Sherbrook St  
For women and 2SLGBTQ+ people who identify as women (18+)  
M-F: 9a-11:30p | Sa, Su: 9a-8p
- WE24/SNA-MERC** - 430 Langside St  
For youth (13-26)  
Every night: 11p-7a

## Take Out Meals

- 1JustCity** - Oak Table  
107 Pulford St  
M-Th: 12:30p-3p | F: 9:30a-11:30a (breakfast)
- 1JustCity** - West Broadway Community Services  
222 Furby St  
M, W: 1p-3p (supplementary groceries)  
M-Th: 4:30p-6p (take out meals)
- 1JustCity** - West End  
365 McGee St - M-Su: 12:30p-3p
- Agape Table**  
364 Furby St - M-F: 7a-11a
- RaY** - 125 Sherbrook St  
For youth (under 29)  
M-Sa: 1p-4p
- SNA-MERC**  
430 Langside St - M-F: 10a-2p
- West Central Women’s Resource Centre**  
640 Ellice Ave  
All genders welcome for take-out meals  
M, W, F: 12p | Tu, Th: 5p | Sa: 10a

## Indoor Washrooms

- 1JustCity** - Oak Table  
107 Pulford St - M-Th: 12:30p-3p
- 1JustCity** - West End  
365 McGee St - M-Su: 12:30p-3p
- Cornish Library**  
20 W Gate  
M, Tu, Th: 1p-8p | F: 10a-5p
- Klinic** - 167 Sherbrook St  
M-Th: 9a-8p | F: 9a-5p | Sa: 10a-3:30p
- Nine Circles** - 705 Broadway  
M-F: 9a-5p
- West Central Women’s Resource Centre**  
640 Ellice Ave - For women  
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

## Family Supplies

- Wolseley Family Place**  
222 Furby St  
For families with young children (0-6)  
Can provide: diapers and formula, drop-in childcare  
M, Tu, Th, F: 9a-4p | W: 12p-4p

## Portable Toilets

**1JustCity** - West Broadway Community Services  
222 Furby St | 24/7 Portable Toilet

**RaY** - 125 Sherbrook St | All ages  
M-F: 1p-4p

## Computer and Internet Access

**1JustCity** - Oak Table - 107 Pulford St  
M-Th: 12:30p-3p | F: 9:30a-12p

**Cornish Library** - 20 W Gate  
M, Tu, Th: 1p-8p | F: 10a-5p

**West Central Women’s Resource Centre**  
640 Ellice Ave - For women  
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

## Phone Access

**1JustCity** - Oak Table  
107 Pulford St  
M-Th: 12:30p-3p

**1JustCity** - West End  
365 McGee St  
M-Su: 12:30p-3p

**Klinik** - 167 Sherbrook St  
M-Th: 9a-8p | F: 9a-5p | Sa: 10a-3:30p

**West Central Women’s Resource Centre**  
640 Ellice Ave - For women  
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

## Showers and Laundry

**Velma’s House Safe Space**  
154 Sherbrook St  
For women and 2SLGBTQ+ people who identify as women (18+)  
M-F: 9a-11:30p | Sa, Su: 9a-8p

**West Central Women’s Resource Centre**  
640 Ellice Ave - For women  
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

## Indoor Drop-Ins

**1JustCity** - Oak Table  
107 Pulford St  
M-Th: 12:30p-3p

**1JustCity** - West End  
365 McGee St  
M-Su: 12:30p-3p

## Walk-In Health Services

**Klinik** - 167 Sherbrook St  
In-person (walk-in)  
M-Th: 4p-7:30p

**Memorial Medical Clinic**  
595 Broadway | 204-775-7756  
In-person (call to book)  
M-F: 8a-4:30p | Sa: 10a-12p

**Healthway Walk-In Clinic**  
867 Portage Ave | 204-415-6071  
In-person (walk-in), and virtual (call to book)  
M-F: 10a-5p

**South Sherbrook Health Centre**  
88 Sherbrook St | 204-774-7196  
Virtual (call to book)  
M-F: 8a-5p | Sa: 10a-4p

**WhiteCross Healthcare**  
647 Broadway | 204-786-8588  
Virtual (call to book)  
M-Su: 8a-6p

## Mobile Outreach

**Downtown Community Safety Partnership**  
24/7 | 204-947-3277  
*Can provide: food and water, wellness checks, transportation, advanced first aid*

**Main Street Project**  
24/7 | 204-232-5217  
*Can provide: food and water, wellness checks, warm clothing, harm reduction supplies, transportation*

**RaY Street Outreach**  
M-F: 12:30p-4p | 204-391-2209  
*Can provide: food and water, wellness checks, warm clothing, harm reduction supplies, transportation*

**West Central Women’s Resource Centre**  
204-297-8636  
M, W, F: 5p-9p | Tu, Th: 2p-6p | Sa, Su: 11a-3p  
*Can provide: Food and water, extreme weather supplies, harm reduction supplies, hygiene kits*

**Street Connections**  
204-981-0742  
*Can provide: harm reduction supplies, nursing services (on Fri and Sat evening)*

**WE24**  
204-333-9681  
*Can provide: transportation*

## Crisis Support Lines

**Adult Mobile Crisis Service and Mental Health Crisis Response Centre**  
817 Bannatyne Ave | Services available 24/7  
204-940-1781

**Klinik Crisis Line** Services available 24/7  
204-786-8686 or 1-888-322-3019

**Manitoba Province-Wide Domestic Abuse Crisis Line**  
Services available 24/7  
Call: 1-877-977-0007  
Text only: 204-792-5302 or 204-805-6682

**National Overdose Response Service**  
(National) 24/7 remote overdose prevention  
1-888-688-6677

**Suicide Prevention and Support Line**  
(National) Services available 24/7  
1-833-456-4566  
Text only: 45645 (3p-11p)

**Trans Lifeline (national)**  
Services available: 9a-4a  
All operators are transgender  
1-877-330-6366

**Youth Crisis Line / Youth Mobile Crisis Teams**  
Services available 24/7  
For youth under age 21 and their families  
204-949-4777 or 1-888-383-2776

**Manitoba Suicide Prevention & Support Line**  
Services available 24/7  
1-877-435-7170

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[westbroadway.mb.ca](http://westbroadway.mb.ca)