

West Broadway Resource Guide

A guide for resources in or near West Broadway



ninecircles
COMMUNITY HEALTH CENTRE

*List current as of March 2023

Indoor Meals

1JustCity Oak Table - 107 Pulford St
M-Th: 12:30p-3p

1JustCity West Broadway - 222 Furby St
M-Th: 4:30p-6p

1JustCity West End - 365 McGee St
Every day: 12:30p-3p

Agape Table - 364 Furby St
M-F: 7a-11a

RaY - 125 Sherbrook St | For youth (under 29)
M-Sa: 1p-4p

West Central Women's Resource Centre
640 Ellice Ave | All genders welcome for meals
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Indoor Washrooms

1JustCity Oak Table - 107 Pulford St
M-Th: 12:30p-3p

1JustCity West End - 365 McGee St
Every day: 12:30p-3p

Cornish Library - 20 W Gate
M, Tu, Th: 1p-8p | F, Sa: 10a-5p

Huddle Broadway - 533 Broadway | Ages 12-29
M-F: 12p-6p

Klinic - 167 Sherbrook St
M-Th: 9a-8p | F: 9a-5p | Sa: 10a-3:30p

Nine Circles - 705 Broadway
M-F: 9a-5p

West Central Women's Resource Centre
640 Ellice Ave | For women
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Portable Toilets

Broadway Neighbourhood Centre - 185 Young St
M-F: 9a-4p

Emergency Food Packages

Acorn Family Place - 222 Furby St
Emergency food available once a month, for families with young children (0-6)
M, Tu, Th, F: 9a-4p | W: 12p-4p

Overnight Shelters

Just a Warm Sleep - 107 Pulford St
Closed for season starting April 1
Every night: intake 8-10p, close at 8a

WE24/SNA-MERC - 430 Langside St
For youth (13-26)
Every night: 11p-7a

Hygiene Supplies

1JustCity Oak Table - 107 Pulford St
M-Th: 12:30p-3p

1JustCity West Broadway - 222 Furby St
M-Th: 4:30p-6p

1JustCity West End - 365 McGee St
Every day: 12:30p-3p

Nine Circles - 705 Broadway
M-F: 9a-5p

RaY - 125 Sherbrook St | For youth (under 29)
M-F: 9a-5p

West Central Women's Resource Centre
640 Ellice Ave
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Harm Reduction Supplies

Klinic - 167 Sherbrook St
M-Th: 9a-8p | F: 9a-5p | Sa: 10a-3:30p

Nine Circles - 705 Broadway
M-F: 9a-5p

RaY - 125 Sherbrook St | All ages
M-F: 9a-5p

West Central Women's Resource Centre
640 Ellice Ave
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Family Supplies

Acorn Family Place - 222 Furby St
For families with young children (0-6)
Can provide: clothing, diapers, formula, drop-in childcare
M, Tu, Th, F: 9a-4p | W: 12p-4p

Indoor Drop-Ins and Warming Spaces

1JustCity Oak Table - 107 Pulford St
M-Th: 12:30p-3p

1JustCity West End - 365 McGee St
Every day: 12:30p-3p

Huddle Broadway - 533 Broadway | Ages 12-29
M-F: 12p-6p

RaY - 125 Sherbrook St | For youth (under 29)
M-Sa: 1p-4p

West Central Women's Resource Centre
640 Ellice Ave | For women
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Computer and Internet Access

1JustCity Oak Table - 107 Pulford St
M-Th: 12:30p-3p | F: 9:30a-12p

Cornish Library - 20 W Gate
M, Tu, Th: 1p-8p | F: 10a-5p | Sa: 10a-5p

Huddle Broadway - 533 Broadway | Ages 12-29
M-F: 12p-6p

West Central Women's Resource Centre
640 Ellice Ave - For women
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Phone Access

1JustCity Oak Table - 107 Pulford St
M-Th: 12:30p-3p | F: 9:30a-12p

1JustCity West End - 365 McGee St
Every day: 12:30p-3p

Huddle Broadway - 533 Broadway | Ages 12-29
M-F: 12p-6p

Klinik - 167 Sherbrook St
M-Th: 9a-8p | F: 9a-5p | Sa: 10a-3:30p

West Central Women's Resource Centre
640 Ellice Ave | For women
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Showers and Laundry

RaY - 125 Sherbrook St | For youth (under 29)
M-F: 1p-4p

West Central Women's Resource Centre
640 Ellice Ave | For women
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Walk-In Health Services

Huddle Broadway - 533 Broadway | Ages 12-29
M-F: 4p-8p | 204-228-6387

Memorial Medical Clinic - 595 Broadway
M-F: 8a-4:30p | Sa: 10a-12p | 204-775-7756

Healthway Walk-In Clinic - 867 Portage Ave
M-Su: 12:30p-3p | 204-415-6071

South Sherbrook Health Centre - 88 Sherbrook St
M-F: 7a-11a | 202-774-7196

Whitecross Healthcare - 647 Broadway
M-Su: 8a-6p | 204-786-8588

Mobile Outreach

Downtown Community Safety Partnership
24/7 | 204-947-3277
Can provide: food, water, wellness checks, transportation, first aid

Main Street Project - 24/7 | 204-232-5217
Can provide: food, water, wellness checks, warm clothing, harm reduction supplies, transportation

RaY Street Outreach - M-F: 1p-5p | 204-391-2209
Can provide: food, water, wellness checks, warm clothing, harm reduction supplies, transportation

Street Connections - 204-981-0742
Can provide: harm reduction supplies, nursing services (on Fri and Sat evening)

West Central Women's Resource Centre
204-981-0742
Can provide: food, water, warm clothing, harm reduction supplies, hygiene kits

WE24 - 204-333-9681
Can provide: transportation

Crisis Support Lines

Adult Mobile Crisis & Mental Health Crisis Response - 24/7
204-940-1781

Klinik Crisis Line - 24/7
204-786-8686 or 1-888-322-3019

Manitoba Province-Wide Domestic Abuse Crisis Line - 24/7
Call: 1-877-977-0007
Text: 204-792-5302 or 204-805-6682

Manitoba Suicide Prevention & Support Line - 24/7
1-877-435-7170

National Overdose Response Service
24/7 remote overdose prevention
1-888-688-6677

National Suicide Prevention and Support Line - 24/7
Call: 1-833-456-4566 | Text: 45645 (3p-11p)

Trans Lifeline - 9a-4a
All operators are transgender
1-877-330-6366

Youth Crisis Line / Mobile Crisis Teams
24/7
For youth under 21 and their families
204-949-4777 or 1-888-383-2776