

West Broadway Resource Guide

A guide for resources in or near West Broadway



ninecircles
COMMUNITY HEALTH CENTRE

*List current as of March 2026

Indoor Meals

1JustCity Crossways - 222 Furby St
M-Th: 12-2p

1JustCity Oak Table - 107 Pulford St
M-Th: 12p-2p | F: 10a-11a

1JustCity PimiciKamak - 621 Balmoral St
Lunch - Tue: 12-2pm, Breakfast- Fri: 10:30-11:30a

Agape Table - 364 Furby St
M-F: 7a-11a - Take out meals only

Downtown Neighbourhood Lunch Inc: - 256 Smith St. T & Th: 11a - 12:30p (or 200 lunches served) Use the doors on Graham

RaY - 125 Sherbrook St | For youth (under 29)
M-F: 1p-4p

Indoor Washrooms

1JustCity Crossways - 222 Furby St.
M-Th: 11a-3pm

1JustCity Oak Table - 107 Pulford St
M-Th: 12p-2p | F: 10a-11a

Cornish Library - 20 West Gate
M, Tu, Th: 12p-8p | W, F, Sa: 10a-5p

Nine Circles - 705 Broadway
M-F: 9a-4:30p

RaY - 125 Sherbrook St | For youth (under 29)
M-F: 1p-4p

West Broadway Community Organization
748 Broadway | M-Th: 10a-4p

West Central Women's Resource Centre
640 Ellice Ave | Women and gender-diverse
M, W, F: 9:30a-4p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Emergency Food Packages

Acorn Family Place - 222 Furby St
Emergency food | Once every 3 months
for families with children 0-6 | Tu, Th: 9a-3:30p

Family Supplies

Acorn Family Place - 222 Furby St
For families with children 0-6 | No adult clothing
Can provide: *diapers, formula* | Once every 3 months
Tu, Th: 9a-3p | W: 1-3:30p

Overnight Shelters

1JustCity Just a Warm Sleep - 107 Pulford St
Every night: 8p-8a (*open Nov 1st 2024 - Mar 31st 2025*)

WE24/SNA-MERC - 430 Langside St | For youth (13-26)
Every night: 11p-7a

Hygiene and Harm Reduction Supplies

1JustCity Crossways - 222 Furby St.
M-Th: 11a-3p

1JustCity Oak Table - 107 Pulford St
M-Th: 12p-2p | F: 10a-11a (*hygiene only*)

Huddle Broadway - 533 Broadway | Ages 12-29
WALK IN | M-F: 12p-3p (*hygiene and harm reduction*)

Klinik - 167 Sherbrook St
M-Th: 9a-8p | F: 9a-5p | Sa: 10:30a-3:30p
(*hygiene and harm reduction*)

Nine Circles - 705 Broadway
M-F: 9a-4:55p (*hygiene and harm reduction*)

Rainbow Resource Centre - 514 St. Mary Ave
For 2SLGBTQ+ people
M-Th: 10a-12:30p, 1:30p-5p
(*hygiene and harm reduction*)

RaY - 125 Sherbrook St | For youth (under 29)
M-F: 1p-4p (*hygiene and harm reduction*)

West Central Women's Resource Centre
640 Ellice Ave | Women and gender-diverse
M, W, F: 9:30a-4p | Tu, Th: 12:30p-6p | Sa: 9a-12p
(*hygiene and harm reduction*)

Clothing

1JustCity Crossways - 222 Furby St.
M-Th: 11a-3p

Acorn Family Place - 222 Furby St
For families with children 0-6 | Once every two weeks
M, Tu, Th: 9a-4p | W: 1-4p | No adult clothing

Agape Table - 364 Furby St
M-F: 7a-11a

RaY - 125 Sherbrook St | For youth (under 29)
M-F: 1p-4p

Indoor Drop-Ins

1JustCity Crossways - 222 Furby St
M-Th 11a-12p & 2-3p

1JustCity Oak Table - 107 Pulford St
M-Th: 12p-2p | F: 10a-11a

1JustCity Pimicikamak - 621 Balmoral St.
M-Th,: 9a-3p

Huddle Broadway - 533 Broadway | Ages 12-29
WALK IN | M-F: 12p-3p

RaY - 125 Sherbrook St | For youth (under 29)
M-F: 1p-4p

West Central Women's Resource Centre
640 Ellice Ave | Women and gender-diverse
M, W, F: 9:30a-4p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Computer and Internet Access

1JustCity Oak Table - 107 Pulford St
M-Th: 12p-2p | F: 10a-11a

Cornish Library - 20 West Gate
M, Tu, Th: 12p-8p | W, F, Sa: 10a-5p

Huddle Broadway - 533 Broadway | Ages 12-29
WALK IN | M-F: 12p-3p

RaY - 125 Sherbrook St | For youth (under 29)
M-F: 1p-4p

West Central Women's Resource Centre
640 Ellice Ave | Women and gender-diverse
M, W, F: 9:30a-4p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Phone Access

1JustCity Oak Table - 107 Pulford St
M-Th: 12p-2p | F: 10a-11a

Huddle Broadway - 533 Broadway | Ages 12-29
WALK IN | M-F: 12p-3p

West Broadway Community Organization - 748
Broadway
M-Th: 10a-4p

West Central Women's Resource Centre
640 Ellice Ave | Women and gender-diverse
M, W, F: 9:30a-4p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Showers and Laundry

The Bear Den | 365 McGee
T, W, Th 1-3:30p | Sign-Up Required | Max. 2 loads

1JustCity Pimicikamak - 621 Balmoral St
M-Th: 9a - 3p

RaY - 125 Sherbrook St | For youth (under 29)
M-F: 1p-4p

West Central Women's Resource Centre
640 Ellice Ave | Women and gender-diverse
M, W, F: 9:30a-4p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Walk-In Health Services

Huddle Broadway - 533 Broadway | Ages 12-29
M-F: 12-3p | 204-228-6387 | Limited spots available

Memorial Medical Clinic - 595 Broadway
M-F: 9a-5p | 204-775-7756

Healthway Walk-In Clinic - 865 Portage Ave
M-F: 10a-5p | 204-415-6071

South Sherbrook Health Centre - 88 Sherbrook St
M-F: 8a-5p | Sa: 10a-4p | 204-774-7196

Whitecross Healthcare - 647 Broadway
M-F: 9a-6p | Sa-Su: 9a-6p | 204-786-8588

Mobile Outreach

Downtown Community Safety Partnership
24/7 | 204-947-3277

Can provide: food, water, wellness checks, transportation, first aid

Main Street Project - 24/7 | 204-232-5217

Can provide: food, water, wellness checks, harm reduction supplies, transportation

RaY Street Outreach

M-F: 12:30p-4p | 204-391-2209

Can provide: food, water, wellness checks, harm reduction supplies, transportation

Street Connections - 204-981-0742

M-F: 6p-11p | Sa: 5p-10:30p | *Can provide: harm reduction supplies, nursing services (on M-F: evenings)*

WE24 - 204-333-9681

Can provide: transportation

Crisis Support Lines

**Adult Mobile Crisis & Mental Health
Crisis Response** - 24/7
204-940-1781

Klinik Crisis Line - 24/7
204-786-8686 or 1-888-322-3019

**Manitoba Province-Wide Domestic
Abuse Crisis Line** - 24/7
Call: 1-877-977-0007
Text: 204-792-5302 or 204-805-6682

**Manitoba Suicide Prevention & Support
Line** - 24/7
1-877-435-7170

National Overdose Response Service
24/7 remote overdose prevention
1-888-688-6677

**National Suicide Prevention and
Support Line** - 24/7
Call: 1-833-456-4566 | Text: 45645 (3p-11p)

Trans Lifeline - 9a-4a
All operators are transgender
1-877-330-6366

Youth Crisis Line / Mobile Crisis Teams
24/7
For youth under 21 and their families
204-949-4777 or 1-888-383-2776