

West Broadway Resource Guide

A guide for resources in or near West Broadway



ninecircles
COMMUNITY HEALTH CENTRE

*List current as of September 2024

Indoor Meals

1JustCity Oak Table - 107 Pulford St
M-Th: 12p-2p | F: 10a-11a

1JustCity West Broadway - 222 Furby St
M-Th: 4p-5:30p

Agape Table - 364 Furby St
M-F: 7a-11a

RaY - 125 Sherbrook St | For youth (under 29)
M-F: 1p-4p

West Central Women's Resource Centre
640 Ellice Ave | All genders welcome for meals
M, W, F: 12p-2p | Tu, Th: 5p-7p | Sa: 10a-12p

Indoor Washrooms

1JustCity Oak Table - 107 Pulford St
M-Th: 12p-2p | F: 10a-11a

1JustCity West Broadway - 222 Furby St
M-Th: 4p-5:30p

Cornish Library - 20 West Gate
M, Tu, Th: 1p-8p | W, F, Sa: 10a-5p

Huddle Broadway - 533 Broadway | Ages 12-29
M-F: 12p-4p

Klinic - 167 Sherbrook St
M-Th: 9a-8p | F: 9a-5p | Sa: 10:30a-3:30p

Nine Circles - 705 Broadway
M-F: 9a-5p

RaY - 125 Sherbrook St | For youth (under 29)
M-F: 1p-4p

West Central Women's Resource Centre
640 Ellice Ave | For women
M, W, F: 9:30a-4p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Emergency Food Packages

Acorn Family Place - 222 Furby St
Emerg. food 1x/month for families with children 0-6
M, Tu, Th, F: 9a-4p | W: 1p-4p

Family Supplies

Acorn Family Place - 222 Furby St
For families with children 0-6
Can provide: clothing, diapers, formula, drop-in childcare
M, Tu, Th, F: 9a-4p | W: 1p-4p

Overnight Shelters

1JustCity Just a Warm Sleep - 107 Pulford St
Every night: 8p-8a (*open for season November 1*)

WE24/SNA-MERC - 430 Langside St | For youth (13-26)
Every night: 11p-7a

Hygiene and Harm Reduction Supplies

1JustCity Oak Table - 107 Pulford St
M-Th: 12p-2p | F: 10a-11a (*hygiene only*)

1JustCity West Broadway - 222 Furby St
M-Th: 4p-5:30p (*hygiene only*)

Huddle Broadway - 533 Broadway | Ages 12-29
M-F: 12p-4p (*hygiene and harm reduction*)

Klinic - 167 Sherbrook St
M-Th: 9a-8p | F: 9a-5p | Sa: 10:30a-3:30p
(*hygiene and harm reduction*)

Nine Circles - 705 Broadway
M-F: 9a-5p (*hygiene and harm reduction*)

Rainbow Resource Centre - 545 Broadway
For 2SLGBTQ+ people
M-Th: 10a-12:30p, 1:30p-5p
(*hygiene and harm reduction*)

RaY - 125 Sherbrook St | For youth (under 29)
M-F: 1p-4p (*hygiene and harm reduction*)

West Central Women's Resource Centre
640 Ellice Ave
M, W, F: 9:30a-4p | Tu, Th: 12:30p-6p | Sa: 9a-12p
(*hygiene and harm reduction*)

Clothing

Acorn Family Place - 222 Furby St
For families with children 0-6
M, Tu, Th, F: 9a-4p | W: 1p-4p

Agape Table - 364 Furby St
M-F: 7a-11a

RaY - 125 Sherbrook St | For youth (under 29)
M-F: 1p-4p

West Central Women's Resource Centre
640 Ellice Ave | For women
M, W, F: 9:30a-4p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Indoor Drop-Ins

1JustCity Oak Table - 107 Pulford St
M-Th: 12p-2p | F: 10a-11a

1JustCity West Broadway - 222 Furby St
M-Th: 4p-5:30p

Huddle Broadway - 533 Broadway | Ages 12-29
M-F: 12p-4p

RaY - 125 Sherbrook St | For youth (under 29)
M-F: 1p-4p

West Central Women's Resource Centre
640 Ellice Ave | For women
M, W, F: 9:30a-4p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Computer and Internet Access

1JustCity Oak Table - 107 Pulford St
M-Th: 12p-2p | F: 10a-11a

Cornish Library - 20 West Gate
M, Tu, Th: 1p-8p | W, F, Sa: 10a-5p

Huddle Broadway - 533 Broadway | Ages 12-29
M-F: 12p-4p

RaY - 125 Sherbrook St | For youth (under 29)
M-F: 1p-4p

West Central Women's Resource Centre
640 Ellice Ave | For women
M, W, F: 9:30a-4p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Phone Access

1JustCity Oak Table - 107 Pulford St
M-Th: 12p-2p | F: 10a-11a

Huddle Broadway - 533 Broadway | Ages 12-29
M-F: 12p-4p

Klinik - 167 Sherbrook St
M-Th: 9a-8p | F: 9a-5p | Sa: 10:30a-3:30p

West Central Women's Resource Centre
640 Ellice Ave | For women
M, W, F: 9:30a-4p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Showers and Laundry

1JustCity West Broadway - 222 Furby St
M, Th: 1p-3p (laundry) | Tu, W: 1p-3p (shower)

RaY - 125 Sherbrook St | For youth (under 29)
M-F: 1p-4p

West Central Women's Resource Centre
640 Ellice Ave | For women
M, W, F: 9:30a-4p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Walk-In Health Services

Huddle Broadway - 533 Broadway | Ages 12-29
Tu: 1p-6p | F: 12p-4p | 204-228-6387

Memorial Medical Clinic - 595 Broadway
M-F: 9a-4p | 204-775-7756

Healthway Walk-In Clinic - 865 Portage Ave
M-F: 10a-5p | 204-415-6071

South Sherbrook Health Centre - 88 Sherbrook St
M-F: 8a-5p | Sa: 10a-4p | 204-774-7196

Whitecross Healthcare - 647 Broadway
M-Su: 9a-6p | 204-786-8588

Mobile Outreach

Downtown Community Safety Partnership
24/7 | 204-947-3277

Can provide: food, water, wellness checks, transportation, first aid

Main Street Project - 24/7 | 204-232-5217

Can provide: food, water, wellness checks, harm reduction supplies, transportation

RaY Street Outreach

M, Tu, W: 1p-9p | Th, F: 1p-5p | 204-391-2209

Can provide: food, water, wellness checks, harm reduction supplies, transportation

Street Connections - 204-981-0742

Can provide: harm reduction supplies, nursing services (on Fri and Sat evening)

West Central Women's Resource Centre

204-396-4260

Can provide: food, water, harm reduction supls., hygiene kits

WE24 - 204-333-9681

Can provide: transportation

Crisis Support Lines

Adult Mobile Crisis & Mental Health Crisis Response - 24/7
204-940-1781

Klinik Crisis Line - 24/7
204-786-8686 or 1-888-322-3019

Manitoba Province-Wide Domestic Abuse Crisis Line - 24/7
Call: 1-877-977-0007
Text: 204-792-5302 or 204-805-6682

Manitoba Suicide Prevention & Support Line - 24/7
1-877-435-7170

National Overdose Response Service
24/7 remote overdose prevention
1-888-688-6677

National Suicide Prevention and Support Line - 24/7
Call: 1-833-456-4566 | Text: 45645 (3p-11p)

Trans Lifeline - 9a-4a
All operators are transgender
1-877-330-6366

Youth Crisis Line / Mobile Crisis Teams
24/7
For youth under 21 and their families
204-949-4777 or 1-888-383-2776