

West Broadway Resource Guide

A guide for resources in or near West Broadway during the COVID-19 pandemic.

*List current as of October 2021



westbroadway.mb.ca

Hygiene Supplies

- 1JustCity** - Oak Table
109 Pulford St
M-Th: 12:30p-3p
- 1JustCity** - West Broadway Community Services
222 Furby St
M, W, Th, F: 11:30p-3p
- 1JustCity** - West End
365 McGee St
M, Tu, Th, F: 12:30p-3p | Sa, Su: 12:30p-3p
- Nine Circles** – Pit Stop
705 Broadway
M-F: 9a-5p | *All ages and genders*
- RaY** - 125 Sherbrook St
For youth (under 29)
M-F: 1p-3p
- SNA-MERC** - 430 Langside St
All ages and genders
Every day 11p-5a
- West Central Women’s Resource Centre**
640 Ellice Ave
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Harm Reduction Supplies

- Klinic** - 167 Sherbrook St
M-Th: 9a-8p | F: 9a-5p
- Nine Circles** - 705 Broadway
M-F: 9a-5p
- RaY** - 125 Sherbrook St
All ages
M-F: 1p-3p
- West Central Women’s Resource Centre**
640 Ellice Ave
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Shelters and Safe Spaces

- Velma’s House Safe Space**
154 Sherbrook St
For women and 2SLGBTQ+ people who identify as women (18+)
M-F: 9a-Midnight | Sa, Su: 11a-9p
- WE24/SNA-MERC** - 430 Langside St
For youth (13-26)
Every night: 11p-7a

Take Out Meals

- 1JustCity** - Oak Table
109 Pulford St
M-Th: 12pm-3pm
- 1JustCity** - West Broadway Community Services
222 Furby St
M-Th: 1p-3p
M-Th: 4:30p-6p
- 1JustCity** - West End
365 McGee St
M, Tu, Th, F: 12:30p-3p | Sa, Su: 12:30p-3p
- Agape Table**
364 Furby St
M-F: 7am-11am
- RaY** - 125 Sherbrook St
For youth (under 29)
M-F: 1p-3p | M, W: 5:30p-8:45p | Sa: 12p-4p
- SNA-MERC**
430 Langside St
M-F: 10a-3p
- West Central Women’s Resource Centre**
640 Ellice Ave
All genders welcome for take-out meals
M, W, F: 12p | Tu, Th: 5p | Sa: 10a

Indoor Washrooms

- 1JustCity** - Oak Table
109 Pulford St
M-Th: 12:30p-3p | F: 9:30a-12p
- 1JustCity** - West End
365 McGee St
M, Tu, Th, F: 12:30p-3p | Sa, Su: 12:30p-3p
- Klinic** - 167 Sherbrook St
M-Th: 9a-7:30p | F: 9a-4p | Sa: 10a-4p
- Nine Circles** - 705 Broadway
M-F: 9a-5p
- Velma’s House Safe Space**
154 Sherbrook St
For women and 2SLGBTQ+ people who identify as women (18+)
M-F: 9a-Midnight | Sa, Su: 11a-9p
- West Central Women’s Resource Centre**
640 Ellice Ave
For women
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p
Sa: 9a-12p

Portable Toilets

1JustCity - West Broadway Community Services
222 Furby St | 24/7 Portable Toilet

RaY - 125 Sherbrook St | *All ages*
M-F: 1p-3p

Computer and Internet Access

Cornish Library
20 W Gate
M, F, Sa: 10a-5p | Tu, Th: 1p-8p

1JustCity - Oak Table
109 Pulford St
M-Th: 12:30p-3p | F: 9:30a-12p

Phone Access

1JustCity - West End
365 McGee St
M, Tu, Th, F: 12:30p-3p | Sa, Su: 12:30p-3p

1JustCity - Oak Table
109 Pulford St
M-Th: 12:30p-3p | F: 9:30a-12p

Klinic - 167 Sherbrook St
M-Th: 9a-7:30p | F: 9a-4p | Sa: 10a-4p

West Central Women’s Resource Centre
640 Ellice Ave | *For women*
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Showers and Laundry

Velma’s House Safe Space
154 Sherbrook St
For women and 2SLGBTQ+ people who identify as women (18+)
M-F: 9a-Midnight | Sa, Su: 11a-9p

West Central Women’s Resource Centre
640 Ellice Ave
For women
M, W, F: 9a-4:30p | Tu, Th: 12:30p-6p | Sa: 9a-12p

Indoor Drop-Ins

1JustCity - Oak Table
109 Pulford St
M-Th: 12:30p-3p | F: 9:30a-12:30p

1JustCity - West End
365 McGee St
M, Tu, Th, F: 12:30p-3p | Sa, Su: 12:30p-3p

Walk-In Health Services

Klinic - 167 Sherbrook St
In-person (walk-in)
M-Th: 4p-7:30p

Memorial Medical Clinic
595 Broadway | 204-775-7756
In-person (call to book)
M-Th: 9a-4p | F: 8:30a-4p

Healthway Walk-In Clinic
867 Portage Ave | 204-415-6071
In-person (walk-in), and virtual (call to book)
M-F: 11a-4:30p

South Sherbrook Health Centre
88 Sherbrook St | 204-774-7196
Virtual (call to book)
M-F: 8a-4:30p

WhiteCross Healthcare
647 Broadway | 204-786-8588
Virtual (call to book)
M-F: 9a-6p | Sa-Su: 10a-6p

Mobile Outreach

Downtown Community Safety Partnership
24/7
204-947-3277
Can provide: food and water, wellness checks, transportation, advanced first aid

Main Street Project
24/7 | 204-982-8245
Can provide: food and water, wellness checks, warm clothing, harm reduction supplies, transportation

RaY Street Outreach
M-F: 5:30p-8:45p | 204-391-2209
Can provide: food and water, wellness checks, warm clothing, harm reduction supplies, transportation

West Central Women’s Resource Centre
M, W, F: 5p-9p | Tu, Th: 2p-6p | Sa, Su: 11a-3p
Can provide: Food and water, extreme weather supplies, harm reduction supplies, hygiene kits

Street Connections
204-981-0742
Can provide: harm reduction supplies, nursing services (on Fri and Sat evening)

WE24
204-333-9681
Can provide: transportation

Crisis Support Lines

Adult Mobile Crisis Service and Mental Health Crisis Response Centre
817 Bannatyne Ave | Services available 24/7
204-940-1781

Klinic Crisis Line Services available 24/7
204-786-8686 or 1-888-322-3019

Manitoba Province-Wide Domestic Abuse Crisis Line
Services available 24/7
Call: 1-877-977-0007
Text only: 204-792-5302 or 204-805-6682

National Overdose Response Service
(National) 24/7 remote overdose prevention
1-888-688-6677

Suicide Prevention and Support Line
(National) Services available 24/7
1-833-456-4566
Text only: 45645 (3p-11p)

Trans Lifeline (national)
Services available: 9a-4a
All operators are transgender
1-877-330-6366

Youth Crisis Line / Youth Mobile Crisis Teams
Services available 24/7
For youth under age 21 and their families
204-949-4777 or 1-888-383-2776

Manitoba Suicide Prevention & Support Line
Services available 24/7
1-877-435-7170